(The Monroe Institute Bulletin, Winter 1989)

TMI TO LAUNCH PERSONAL RESOURCE EXPLORATION PROGRAM

You + Explorer Booth + Monitor = Accelerated Personal Growth

Remember the Explorer Program—brave men and women consenting to climb into a sensory deprivation booth and boldy go where no human has gone before? It was the Explorers who made the powerful refinements to the Hemi-Sync® technology available to you and me, lying often for hours at a time while Bob Monroe fiddled with this sound frequency and that. And it was the Explorers who entrusted the Monroe laboratory monitors to the well-being of their minds and bodies, while their consciousnesses explored other realms. While some Explorers developed skills in channeling, others explored the out-of-body state, investigated possible Earth changes, visited the "library," and scanned beyond our solar system for signs of life. Not coincidental to the individual Explorer's process were great changes in life overview, identity, and purpose. It seemed that the combination of HemiSync, the sensory deprivation booth, biomonitoring equipment, and live monitors guiding the exploratory process, all converged to produce a personal growth tool, par excellence.

To make this powerful tool available to a wider population, the Institute is developing what is being called the Personal Resource Exploration Program (PREP). The basic premise of this new program is that individual sessions in the Explorer booth, monitored by highly skilled professionals, can greatly assist one in accelerating his or her personal growth and development. That this is true has been demonstrated again and again with new Explorer subjects. Now you will have an opportunity to apply for your own personal Explorer sessions, and advance on your evolutionary path with the aid of the technology and expertise available at the Institute lab.

Personal Explorer sessions will be tailored to your unique needs and desires. The entire process, from application to the program through interviews, sessions, and post-session debriefings, will be designed to empower your growth both in areas of personal interest as well as in areas that present themselves during the process itself. The monitors are trained to facilitate a wide range of evolutionary phenomena that may occur, including OBE's, channeling, self-healing, and other possibilities. Their presence and feedback in the controlled Hemi-Sync environment will greatly increase your ability to observe, learn, and integrate the material worked on during your individual session.

At the helm of this exciting new project is Darlene Miller, Ph.D. Darlene is a clinical psychologist who has been involved with the design and implementation of training programs for over ten years. She is a seasoned *Gateway Voyage*® and *Guidelines*® trainer, and brings

years of lab monitoring experience to her new position. According to Darlene, “One of the reasons these sessions are so helpful for the individual’s development is that because of the constant contact with the monitor through the microphones and headphones in the booth, the individual, in addition to feeling very safe and protected, also is freed from the need to engage in any left-brain activity, in terms of thinking ‘What kind of question should I ask next?’ or ‘What direction should I move in now?’ or ‘What would be most helpful to me?’. The monitor essentially does the left brain functioning in the session by guiding the participants so they can be totally free to have the experience. Yet because of the way the monitor uses questions and suggestions, the experience proceeds very smoothly.”

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